DREAMS

According to the theories in the video <https://www.youtube.com/watch?v=2W85Dwxx218&list=RDCMUCsooa4yRKGN_zEE8iknghZA&start_radio=1&t=0>

1 Why do we dream?

2 What are dreams? (Where do the images in a dream come from?)

3 What do our dreams represent?

4 Why is sometimes the best solution to a problem to „sleep on it“?

5 Do you often dream? And what do you think about the theories in the video?